

**HeartMasters Medical Associates  
Clinical Intake Form**

**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_ **DOB:** \_\_\_/\_\_\_/\_\_\_ **Age:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*Please tell us if you have any of the following symptoms. Thank you!*

**Cardiac/Vascular:**

- Chest Pain
- Chest Pressure
- Diaphoresis
- PND
- Orthopnea
- Palpitations
- Syncope/Near Syncope
- Claudication
- Erythema
- Cool Extremity
- Edema
- Pain
- Ulcer
- Unilateral Leg Edema
- Raynaud's
- Varicose Veins

**Respiratory:**

- Cough
- Dry Cough
- Dyspnea
- Dyspnea on Exertion
- Frequent URI's
- Hemoptysis
- Known TB Exposure
- Snoring
- Orthopnea (Difficulty Breathing)
- Pleuritic Pain
- Productive Cough
- Purulent Sputum
- Respiratory Chest Pain
- Sputum
- Wheezing

**Musculoskeletal:**

- Back Pain
- Bone Pain
- Height Loss
- Joint Deformity
- Joint Effusion
- Joint Pain
- Knee Problems
- Joint Stiffness
- Muscle Cramps
- Muscle Spasms
- Muscle Weakness
- Myalgia

**Constitutional:**

- Activity Change
- Appetite Change
- Chills/Rigors
- Fatigue
- Fever
- Increased Fatigue
- Insomnia
- Irritability
- Malaise
- Night Sweats
- Weakness
- Weight Gain
- Weight Loss

**Ear/Nose/Throat:**

- Ear Discharge
- Hearing Loss
- Ear Infection
- Noise Exposure
- Ear Pain
- Tinnitus
- Vertigo
- Decreased Smell
- Nasal Discharge
- Facial Pain
- Sinus Infection
- Nasal Congestion
- Sneezing
- Change in Taste
- Change in Voice
- Cold Sores
- Frequent Sore Throat
- Hoarseness
- Sore Tongue
- Snoring

**Eyes:**

- Burning
- Discharge
- Double Vision
- Dryness
- Floaters
- Itching
- Pain
- Redness
- Tearing
- Visual Changes

**Skin:**

- Acne
- Athletes Foot
- Blisters
- Dry Lips
- Hyperpigmentation
- Hypertrichosis
- Irritation
- Lymphoma
- Peeling Feet
- Rash
- Skin Sores
- Thinning Hair

**Endocrine:**

- Abnormal Hair Distribution
- Overweight
- Underweight
- Cold Intolerance  Heat Intolerance
- Darkening of Skin
- Goiter
- Hairloss
- Insulin Reactions
- Polydipsia (Excessive thirst)
- Polyphagia (Increased eating)
- Polyuria (Urinary frequency)
- Voice Change
- Tremors

**Gastrointestinal:**

- Abdominal Mass
- Abdominal Pain
- Altered Bowel Habits
- Bleeding
- Constipation
- Diarrhea
- Flatulence
- Hematemesis
- Hemorrhoids
- Indigestion/Heartburn
- Jaundice
- Nausea
- Reflux

**Psychiatric:**

- Altered Mental Status
- Anxiety
- Depression
- Distress
- Hallucinations
- Increased Stress
- Irritability
- Mood Swings
- Nervousness
- Obsessiveness
- Paranoia
- Self-Consciousness
- Sleep Disturbance
- Suicidal Ideation
- Inability to Focus

**Reproductive:**

- Breast Lumps
- Breast Pain
- Dyspareunia
- Fibroids
- Hx of Oral Contraceptives
- Menorrhagia
- Sexual Dysfunction

**Neurological:**

- Balance Disturbance
- Confusion
- Dizziness
- Facial Droop
- Fainting
- Gait Disturbance
- Headache
- Incontinence
- Lightheadedness
- Loss of Sensation
- Memory Loss
- Paralysis
- Muscular Weakness
- Numbness in Extremities
- Seizures
- Seizure Like Activity
- Slurred Speech
- Speech Changes
- Tremors
- Vertigo